Your School Lunch WEEK ONE October 30th, November 20th, December 11th, January 15th, February 5th, March 4th, March 25th April 29th, May 20th MONDAY TUESDAY WEDNESDAY THURSDAY Mixed Pepper Pizza (V, EF) Cheeseburger Pasta Bake (EF) Roast British Loin of Pork (GF, DF, EF) Chicken & Sweetcorn Pie (DF) Classic Margherita Pizza Fruity Vegetable Curry (VG, GF) Vegetarian Roast Quorn (V, GF) Broccoli & Cheese Pasta Bake (Cheese & Tomato) (V. EF) Oven Baked Jacket Potato Cheddar Cheese & Red Onion Wrap (V, EF) (V. EF) Rainbow Pasta Salad (VG) with Tuna Mayo (GF,DF,EF) Oven Baked Jacket Potato with Baked Crispy Roast Potatoes & Yorkshire Pudding Beans (VG, GF) Sweetcorn & with Gravy Fluffy Rice, Broccoli Baked Beans Green Beans & Carrots & Peas Curly Cabbage & Carrots Pear & Chocolate Apple Flapjack Lemon Crumble Melting Moment (V, DF, EF) Brownie (V) (V, DF, EF) Shortbread (V, DF) with an Orange Wedge **WEEK TWO** November 6th, November 27th, December 18th, January 22nd, February 19th, March 11th, April 15th, May 6th MONDAY TUESDAY THURSDAY WEDNESDAY Rustic Tomato & Vegetable Pasta Moorish Meatballs in a Rich Pork Bangers (EF) Creamy Chicken Mayo Wrap (EF, DF) (VG) Mac 'n' Cheese (V. EF) Tomato Sauce (GF) Veggie Bangers (VG) Veggie Nugget Wrap (VG) Roasted Vegetable Couscous Tasty Veggie Meatballs in a Rich Tomato Oven Baked Jacket Potato with Oven Baked Jacket Potato with Cheddar Sauce (V. DF) Salad (V. DF. EF) Baked Beans (VG, GF) Cheese & Coleslaw (V, GF, EF) Cheddar Cheese & Cucumber Bap (V, EF) Mashed Potatoes & Gravy Broccoli & Baton Carrots & Sweetcorn Green Beans & Carrots Steamed Rice. Sweetcorn Cauliflower & Peas Chocolate Crispie Cake (V. DF, EF) Strawberry Jelly (V, GF, DF, EF) Iced Cinnamon Swirl (V, DF, EF) with Mandarins Cranberry & Oat Cookie (V, EF) with Fruit Salad With Raisins **WEEK THREE** November 13th, December 4th, January 8th, January 29th, February 26th, March 18th, April 22nd, May 13th THURSDAY TUESDAY MONDAY WEDNESDAY Roast Chicken Breast (GF, DF, EF) Pineapple & Sweetcorn Pizza (V, EF) Turkey & Vegetable Meatloaf (GF, DF, EF) Tuna Pasta Bake (EF) Classic Margherita Pizza (Cheese & Tomato) Cheese & Onion Pinwheel (V. EF) Vegetarian Quorn Roast (V, GF) Chunky Bean & Veggie Chilli (VG, GF) Oven Baked Jacket Potato with Cheddar (EF, V)Bean & Vegetable Fajita (VG) Salmon & Cucumber Pasta Pot (DF. EF) Oven Baked Jacket Potato with Cheese (V. EF) Mashed Potatoes, Savoy Cabbage Boston Beans (VG. GF) Yorkshire Pudding, Roast Potatoes & Gravy Steamed Rice. & Peas Green Beans & Carrots Corn on the Cob & Baked Beans Broccoli & Sweetcorn Sultana & Syrup Rhubarb & Apple Crumble (V, DF, EF) Shortbread (V. EF. DF) Lemon & Honey Drizzle Cake Cookie (V. EF) with an Orange Wedge with Custard (V. GF. EF) with Melon (V)

Available daily - Natural yogurt, fresh fruit, fresh bread, salad bar and lots of fresh water!

Allergy advice - all our food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability. We only select fish from sustainable sources. Suitable for vegetarians or vegetarian option available. Our fish and chicken dishes may contain bones.



FRIDAY

Golden Fish Fingers (*DF, EF*) Crispy Vegetable Spring Roll (*VG*) Honey Roast Ham & Cucumber Bap (*DF, EF*)

> French Fries or Pasta Baked Beans or Peas

Strawberry Iced Smoothie (V, EF, DF, GF)

FRIDAY

Crispy Bubble Battered Fish *DF, EF)* Mild Veggie Samosas (*VG*) Tuna & Sweetcorn Pasta Salad (*D, EF*)

> French Fries or Pasta Baked Beans or Peas

Vanilla Ice Cream (V, GF, EF) with Peaches

FRIDAY

Flipper Dippers *(DF, EF)* Veggie Sausage Roll *(VG)* Honey Roast Ham & Tomato Bap *(DF, EF)*

> French Fries or Pasta Baked Beans or Peas

Orange & Mango Iced Smoothie (V, GF, EF, DF)



