Lunch Menu w/c: 01/12, 5/1, 26/1

Week 1



MONDAY

Hot Dog

Served with Fried Onions and Green Peppers & Mixed Salad

TUESDAY

Homemade Margherita Pizza

Served with Baked Potato Wedges and Coleslaw or Peas

WEDNESDAY

Roast Gammon

Served with Crispy Roasties, Broccoli & Gravy

THURSDAY

Chicken Tikka Masala

Served with Wholegrain Rice and Broccoli

FRIDAY

Fish Fingers

Served with Chips & Baked Beans

Egg and Potato Omelette (Spanish Tortilla)

Served with a Mixed Salad

Homemade Pizza al a Pesto

Served with Baked Potato Wedges and Coleslaw or Peas

Cauliflower Cheese

Served with Crispy Roasties, Broccoli & Gravy

Veggie Korma

Served with Wholegrain Rice and Broccoli

Roasted Vegetable Pitta Pockets

Served with Chips & Baked Beans

Penne Pasta with Nut free Spinach and Basil Pesto



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Apple Crumble Cake

Watermelon Sticks

Cookies
Carrot & Cinnamon

Chocolate Marble Cake and Custard

Hob Nob Biscuit 50/50 Wholemeal

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

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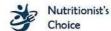




n Oily fish



ull of fruit





Extra Protein Power



Lunch Menu

Week 2



w/c: 8/12, 22/12, 12/1, 2/2

MONDAY

Bolognese (Lamb)

Served with Penne Pasta & Mixed Salad

TUESDAY

Homemade Pizza Margherita

Served with Paprika Wedges & Coleslaw

WEDNESDAY

Sausage and Mash

Served with Gravy and Green Cabbage

THURSDAY

Chicken & Noodles

Served with Broccoli

FRIDAY

Fish Fingers

Served with Chips & Baked Beans

Cheesy Cauliflower Pasta Bake

Served with a Mixed Salad

Vegetable Pizza

Served with Garlic & Herb Wedges and Coleslaw or Peas

Vegetable Sausage and Mash

Served with Gravy and Green Cabbage

No-Meat Bolognese

Served with Penne Pasta and Broccoli

Sweet Potato, Leek & Cheese Quiche

Served with Chips &
Baked Beans

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Nut free Spinach and Basil Pesto

Jacket Potato

with Cheese or Baked Beans or Tuna Mayo





Watermelon Sticks

Chocolate Shortbread

Jelly & Sliced Banana

Oatie Cookie

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY







Wholemeal





Vegetarian















Week 3

Lunch Menu



w/c: 24/11, 15/12, 19/01, 09/02

MONDAY

Chicken Tacos

Served with Rainbow

Rice & Sweetcorn

Homemade Sausage Rolls

Served with Wedges & Baked Beans

TUESDAY

WEDNESDAY

Served with Crispy Roasties, Carrots & Sweetcorn

Roast Chicken

THURSDAY

Mac n Cheese with a **Crispy Crumb Topping** Served with Green Beans

FRIDAY

Fish Fingers Served With Chips & Garden Peas

No Meat Tacos

Served with Rainbow Rice & Sweetcorn

Homemade Cheese & **Onion Rolls**

Served with Wedges & Baked Beans

Cheesy Root Veg Crumble

Served with Carrots & Sweetcorn

No-Meat Chilli

Served with Steamed Rice & Green Beans

Vegetable **Fingers**

Served with Chips & Baked Beans

Penne Pasta with **Homemade Tomato** Sauce



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with **Homemade Tomato** Sauce



Jacket Potato

with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with **Homemade Tomato** Sauce



Orange & Cinnamon Cake

Watermelon Sticks SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOG

Vanilla Ice Cream Cup

Jelly & Sliced Banana

Polish Vanilla Cookies

con Key

