

# Lunch Menu

w/c: 23/02, 16/03

## Week 1

**Stir:**  
let's eat, together

### MONDAY

#### Hot Dog

Served with Fried Onions and Green Peppers & Mixed Salad

### TUESDAY

#### Homemade Margherita Pizza

Served with Baked Potato Wedges and Coleslaw or Peas

### WEDNESDAY

#### Roast Gammon

Served with Crispy Roasties, Broccoli & Gravy

### THURSDAY

#### Chicken Tikka Masala

Served with Wholegrain Rice and Broccoli

### FRIDAY

#### Fish Fingers

Served with Chips & Baked Beans

#### Egg and Potato Omelette (Spanish Tortilla)

Served with a Mixed Salad

#### Homemade Pizza al a Pesto

Served with Baked Potato Wedges and Coleslaw or Peas

#### Cauliflower Cheese

Served with Crispy Roasties, Broccoli & Gravy

#### Veggie Korma

Served with Wholegrain Rice and Broccoli

#### Roasted Vegetable Pitta Pockets

Served with Chips & Baked Beans

#### Penne Pasta with Nut free Spinach and Basil Pesto

#### Jacket Potato with Cheese or Baked Beans or Tuna Mayo

#### Penne Pasta with Homemade Tomato Sauce

#### Jacket Potato with Cheese or Baked Beans or Tuna Mayo

#### Penne Pasta with Homemade Tomato Sauce



#### Apple Crumble Cake

#### Watermelon Sticks

#### Cookies Carrot & Cinnamon

#### Chocolate Marble Cake and Custard

#### Hob Nob Biscuit 50/50 Wholemeal

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

#### Icon Key



# Lunch Menu

w/c: 02/03, 23/03

## Week 2

**Stir.**  
let's eat, together

### MONDAY

**Bolognese (Lamb)**  
Served with Penne Pasta & Mixed Salad

### TUESDAY

**Homemade Pizza Margherita**  
Served with Paprika Wedges & Coleslaw

### WEDNESDAY

**Sausage and Mash**  
Served with Gravy and Green Cabbage

### THURSDAY

**Chicken & Noodles**  
Served with Broccoli

### FRIDAY

**Fish Fingers**  
Served with Chips & Baked Beans

 **Cheesy Cauliflower Pasta Bake**  
Served with a Mixed Salad

**Vegetable Pizza**  
Served with Garlic & Herb Wedges and Coleslaw or Peas

**Vegetable Sausage and Mash**  
Served with Gravy and Green Cabbage

**No-Meat Bolognese**  
Served with Penne Pasta and Broccoli

 **Sweet Potato, Leek & Cheese Quiche**  
Served with Chips & Baked Beans

 **Jacket Potato**  
with Cheese or Baked Beans or Tuna Mayo

**Penne Pasta with Nut free Spinach and Basil Pesto**

 **Jacket Potato**  
with Cheese or Baked Beans or Tuna Mayo

**Penne Pasta with Nut free Spinach and Basil Pesto**

 **Jacket Potato**  
with Cheese or Baked Beans or Tuna Mayo

**Vanilla Sprinkle Sponge**

**Watermelon Sticks**

**Chocolate Shortbread**

**Jelly & Sliced Banana**

**Oatie Cookie**

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

#### Icon Key

 Added plant power

 Wholemeal

 Vegan

 Vegetarian

 Oily fish

 Full of fruit

 Nutritionist's Choice

 Extra Protein Power

 Good for your gut

# Week 3

# Lunch Menu

**Stir:**  
let's eat, together

w/c: 09/03

## MONDAY

### Chicken Tacos

Served with Rainbow Rice & Sweetcorn

### No Meat Tacos

Served with Rainbow Rice & Sweetcorn

### Penne Pasta with Homemade Tomato Sauce

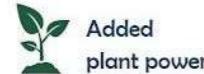


Orange & Cinnamon  
Cake

Watermelon Sticks

**SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY**

## Icon Key



## TUESDAY

### Homemade Sausage Rolls

Served with Wedges & Baked Beans

### Homemade Cheese & Onion Rolls

Served with Wedges & Baked Beans

### Jacket Potato with Cheese or Baked Beans or Tuna Mayo



## WEDNESDAY

### Roast Chicken

Served with Crispy Roasties, Carrots & Sweetcorn

### Cheesy Root Veg Crumble

Served with Carrots & Sweetcorn

### Penne Pasta with Homemade Tomato Sauce



## THURSDAY

### Mac n Cheese with a Crispy Crumb Topping

Served with Green Beans

### No-Meat Chilli

Served with Steamed Rice & Green Beans

### Jacket Potato with Cheese or Baked Beans or Tuna Mayo



## FRIDAY

### Fish Fingers

Served With Chips & Garden Peas

### Vegetable Fingers

Served with Chips & Baked Beans

