

Lunch Menu

w/c: 23/02, 16/03

Week 1



MONDAY

Hot Dog

Served with Fried Onions
and Green Peppers & Mixed
Salad

TUESDAY

Homemade Margherita Pizza

Served with Baked Potato
Wedges and Coleslaw or Peas

WEDNESDAY

Roast Gammon

Served with Crispy
Roasties, Broccoli &
Gravy

THURSDAY

Chicken Tikka Masala

Served with Wholegrain Rice
and Broccoli

FRIDAY

Fish Fingers

Served with Chips &
Baked Beans

Egg and Potato Omelette (Spanish Tortilla)

Served with a Mixed Salad

Homemade Pizza al a Pesto

Served with Baked Potato
Wedges and Coleslaw or Peas

Cauliflower Cheese

Served with Crispy
Roasties, Broccoli &
Gravy

Veggie Korma

Served with Wholegrain Rice
and Broccoli

Roasted Vegetable Pitta Pockets

Served with Chips &
Baked Beans

Penne Pasta with Nut free Spinach and Basil Pesto



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Cheese or Baked Beans or Tuna Mayo



Penne Pasta with Homemade Tomato Sauce



Apple Crumble Cake

Watermelon Sticks

Cookies Carrot & Cinnamon

Chocolate Marble Cake and Custard

Hob Nob Biscuit 50/50 Wholemeal

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon
Key



Added
plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's
Choice



Extra
Protein Power



Good for
your gut

Lunch Menu

w/c: 02/03, 23/03

Week 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bolognese (Lamb) Served with Penne Pasta & Mixed Salad	Homemade Pizza Margherita Served with Paprika Wedges & Coleslaw	Sausage and Mash Served with Gravy and Green Cabbage	Chicken & Noodles Served with Broccoli	Fish Fingers Served with Chips & Baked Beans
 Cheesy Cauliflower Pasta Bake Served with a Mixed Salad	Vegetable Pizza Served with Garlic & Herb Wedges and Coleslaw or Peas	Vegetable Sausage and Mash Served with Gravy and Green Cabbage	No-Meat Bolognese Served with Penne Pasta and Broccoli	Sweet Potato, Leek & Cheese Quiche Served with Chips & Baked Beans 
Jacket Potato with Cheese or Baked Beans or Tuna Mayo	Penne Pasta with Nut free Spinach and Basil Pesto	Jacket Potato with Cheese or Baked Beans or Tuna Mayo	Penne Pasta with Nut free Spinach and Basil Pesto	Jacket Potato with Cheese or Baked Beans or Tuna Mayo
				
Vanilla Sprinkle Sponge	Watermelon Sticks	Chocolate Shortbread	Jelly & Sliced Banana	Oatie Cookie
SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY				

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 3



w/c: 09/03

MONDAY

Chicken Tacos

Served with Rainbow Rice & Sweetcorn

TUESDAY

Homemade Sausage Rolls

Served with Wedges & Baked Beans

WEDNESDAY

Roast Chicken

Served with Crispy Roasties, Carrots & Sweetcorn

THURSDAY

Mac n Cheese with a Crispy Crumb Topping

Served with Green Beans

FRIDAY

Fish Fingers

Served With Chips & Garden Peas

No Meat Tacos

Served with Rainbow Rice & Sweetcorn

Homemade Cheese & Onion Rolls

Served with Wedges & Baked Beans

Cheesy Root Veg Crumble

Served with Carrots & Sweetcorn

No-Meat Chilli

Served with Steamed Rice & Green Beans

Vegetable Fingers

Served with Chips & Baked Beans

Penne Pasta with Homemade Tomato Sauce

Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Homemade Tomato Sauce

Jacket Potato with Cheese or Baked Beans or Tuna Mayo

Penne Pasta with Homemade Tomato Sauce



Orange & Cinnamon Cake

Watermelon Sticks

Vanilla Ice Cream Cup

Jelly & Sliced Banana

Polish Vanilla Cookies

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key

